



Lisa Sansom



Founder/Owner - LVS Consulting

'Founder of a boutique firm with the aim of fostering positive organizational cultures & cultivating great workplace environments'

Inspiring Thoughts Lisa, "If you ever find yourself beating up on yourself, listen quietly and compassionately to yourself, then ask one or two powerful questions about what is truly most important for you. See if you can open a little window of clarity that could lead to your next best step forward."

About Lisa and her Coaching/Consulting Skills

Has anyone really ever made positive beneficial changes all on their own through sheer willpower or a generic self-help book? Most people, business leaders included, make these changes through a supportive community. However, friends and family won't question and challenge you the way a leadership coach will.

This is what got me into coaching and consulting. For years I was a corporate trainer, offering courses in change management, leadership development, and interpersonal communications to rooms filled with leaders and employees. I gave solid advice and shared relevant models, but very few people applied them short-term, and almost no one made significant long-term changes.

Enter coaching: a meaningful set of skills that allows me to deeply listen to someone one-on-one and ask powerful introspective questions so my clients can make the changes they want to meet their most important personal and professional goals. I work quietly with business and organizational leaders so they can take the spotlight and leverage their strengths, creating positive ripples in their worlds. It makes me smile - and my clients shine too.

CONTACT

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