



Lisa Ray Koenig



→ Owner,
Groovy Cats Art ←

My career has been a kaleidoscope of change — from traveling the world hosting game shows on cruise ships to entertaining behind the mic at various radio stations, and now giving the art world my full creative hustle. Through every chapter, I've realized that inspiration is always present if you pause long enough to notice it.

What inspires me? That's hard to define. It might be the scent of lavender drifting through the air, a quirky thing my cats do, or something my husband says that sparks a thought. Inspiration is everywhere — in words, gestures, and small everyday moments — if you're open to seeing beyond the obvious.

At this stage in my life, I'm deeply inspired by the stories I tell through my artwork. There's something incredibly freeing about tossing paint onto a canvas and letting it find its own rhythm, its own voice. Each piece is a little story waiting to connect with someone out there. I'm also fortunate to share in the creative journeys of others through my bi-weekly column, "In The Studio," for the Napanee Beaver — a space where I learn from and highlight the inspiration and insights of fellow artists. I may not know exactly where this creative path will lead, but that's the beauty of it — the not knowing keeps it all so exciting.

CONTACT

Website: <https://groovycatsart.ca/>

